

### **Heart Failure Awareness Days 2023**



### Heart Failure Awareness Days 2023 - Greece

Report from GREECE Name of reporter: Dr Alexia Stavrati, Vice President of Heart Failure Working Group

### GENERAL INFORMATION

- The Heart Failure Awareness Days took place in Greece from 1<sup>st</sup> till 8<sup>th</sup> of May.
- An invitation letter was sent to all HF and Cardiac Centre Chiefs
- Ten cities across the country (Athens, Thessaloniki, Ioannina, Heraklion, Katerini, Kozani, Kavala, Drama, Kilkis and Corfu) agreed to participate in this year's HF Days. The National Partner is the Hellenic Society of Cardiology.
- Eighteen centers involving most regions and major cities of Greece, participated in Heart Failure Awareness Days 2023.
- Public events were organized in those cities from 1<sup>st</sup> till 8<sup>th</sup> of May. The activities included information stands in the city centers, public lectures, health checks for visitors and participation in a brief questionnaire about the knowledge for Heart Failure and major risk factors that contribute to that.
- Leaflets with information for prevention, early diagnosis and treatment for Heart Failure.
- Posters about Heart Failure.
- An educational seminar was organized for general practitioners and pathologists on the topic of Early Diagnosis and Treatment of Heart Failure.
- Press releases, TV and radio interviews of our members in major local channels.
- Social media: create event on Facebook page of CY cardiology society and share it through event supporters and local influencers.
- Almost 600 questionnaires were collected and data are being analyzed.
- Publication of articles prepared by members of the CY heart failure community in print and electronic media throughout the awareness week.
- Articles, leaflets and posters were sent by email to the medical societies, Health Centers and other primary health structures of Greece
- All above were supported and sponsored by the Hellenic Society of Cardiology.

Coordinators: G. Giannoulidou, Executive Manager HCS - G. Lignos, Press & Communication officer HCS

# Heart Failure questionnaire

- A brief questionnaire translated in Greek, provided by the European Society of Cardiology (ESC 2023) was completed by citizens in order to assess their knowledge concerning Heart Failure and the major risk factors that contribute to the disease.
- Almost 600 questionnaires were collected and data are being analyzed.

## Campaign main message

## TAKE CARE OF YOUR HEART



### Heart Failure leaflet

 A leaflet with the most important information on heart failure was designed and 2.000 copies were distributed.



### Heart Failure Poster

 A poster with information on prevention, diagnosis and treatment of heart failure was designed and 2.000 copies were distributed.

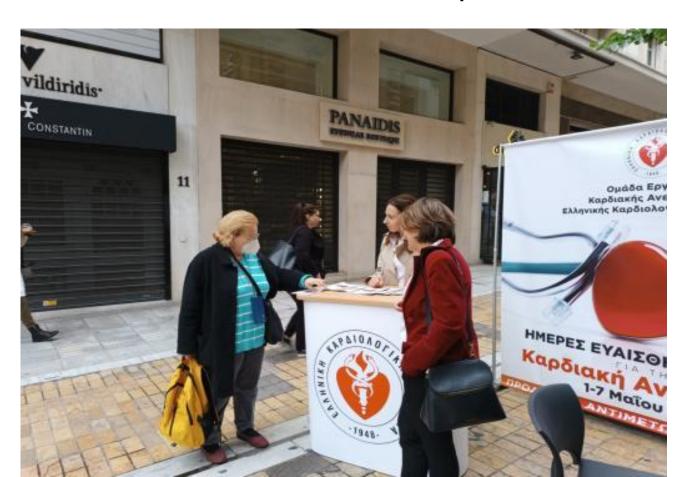


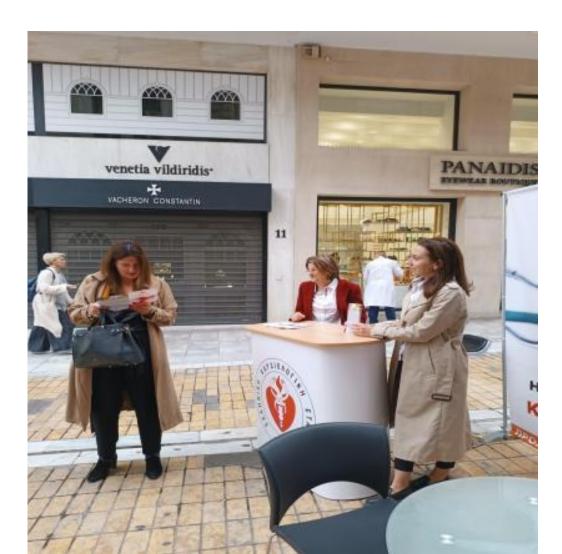
## Athens-Heart Failure Awareness Days

Information stand and open discussion with citizens in the city center



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# Athens-Heart Failure Awareness Days On 8<sup>th</sup> of May 2023

Information stands in Hospitals

#### **ATTIKON UNIVERSITY HOSPITAL**

Organised-Participants:

G. Filippatos, K. Fountoulaki, S. Liori, P. Nikolopoulos

#### **IPPOKRATEIO GENERAL HOSPITAL**

Organised: C. Chrysochoou

# Public event in Hospitals-Athens





• Tv and radio interview: ERT 1

## Thessaloniki-Heart Failure Awareness Days

- Information stand and open discussion with citizens in the city center on 2<sup>nd</sup> of May, Aristotelous Square
- Public events in Hospitals (G. Papanikolaou, Ippokration, AHEPA) and in urban health center (Evosmos)
- An educational seminar for general practitioners, pathologists and nurses on the topic of early diagnosis and treatment of heart failure.

### Thessaloniki-Educational seminar

- An educational seminar for general practitioners, pathologists and nurses on the topic of early diagnosis and treatment of heart failure.
- Main Topic: "Heart Failure: The necessity for early diagnosis and treatment"
- Date: 27<sup>th</sup> of April 2023, 09:30-14:00, amphitheater of G. Papageorgiou Hospital
- Attended by 180 health professionals
- Organized by A.Stavrati, J. Zarifis. I. Stiliadis, P. Mpogiatzidis, K. Christoglou, A. Kiriakidis, G. Sanida
- Participants: A.Stavrati, J. Zarifis. I. Stiliadis, P.Mpogiatzidis, K. Christoglou, A. Kiriakidis, G. Sanida, K. Polymeropoulos, P.Giannakopoulou, P. Theodorou, M. Konstantinidou, G. Papanikolaou, E. Zdogkos, G. Spiromitros, K. Gargani



















# Thessaloniki-Heart Failure Awareness Days

- Information stand and open discussion with citizens in the city center on 2<sup>nd</sup> of May, Aristotelous Square
- Organized by Alexia Stavrati, V. Vasilikos, N. Fragakis, C.
   Papadopoulos, S. Theofilogianakos, X. Apostolidou, E.Papadopoulos, K. Tsandekidis and M. Foti.
- TV presentation and interview: ERT NEWS

https://www.ertnews.gr/ert3/paneyropaiki-evdomada-afypnisis-giatin-kardiaki-aneparkeia/

Information stand and open discussion with citizens in the city center on 2<sup>nd</sup> of May, Aristotelous Square







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# Information stand and open discussion with citizens in the city center on 2<sup>nd</sup> of May, Aristotelous Square





# Information stand and open discussion with citizens in the city center on 2<sup>nd</sup> of May, Aristotelous Square







# Thessaloniki-Heart Failure Awareness Days

- Public event in General Hospital Georgios Papanikolaou
- On 3<sup>rd</sup> of May 2023
- Organized by A. Stavrati, J. Zarifis, D. Efstratiou and M. Foti

### Public event in General Hospital Georgios Papanikolaou









## Public event in General Hospital Georgios Papanikolaou







# Thessaloniki-Heart Failure Awareness Days

- Public event in Evosmos Urban Health Center
- On 28<sup>th</sup> of April 2023
- Organized by A. Stavrati, R. Oikonomidou, J. Zarifis, M. Sotiriadou, P. Lazaridis, N. Tsianakas, E. Kouzoukidou

## Public event in Evosmos Urban Health Center







## Public event in Evosmos Urban Health Center





# Thessaloniki-Heart Failure Awareness Days

- Public event in General Hospital AXEPA
- On 2<sup>nd</sup> of May 2023
- Organized by A. Ziakas, Th. Karamitsos



# Thessaloniki-Heart Failure Awareness Days

- Public event in General Hospital IPPOKRATEIO
- On 3<sup>rd</sup> of May 2023
- Organized by V. Vasilikos, N. Fragakis, C. Papadopoulos, S. Theofilogianakos, X. Apostolidou

## Public event in General Hospital IPPOKRATEIO

The 3<sup>rd</sup> cardiology department of AUTH has a free mobile phone application for patients with heart failure





# Drama-Heart Failure Awareness Days

- Public event and information stand in General Hospital of Drama,
   9<sup>th</sup> May 2023
- Public event and information stand in Urban Health Center of Drama
- Public talks and lectures. Organized by Ch. Bakopoulos, Th. Bougas
- Public lecture for Heart Failure prevention, diagnosis and treatment by Dr Ch. Chatzieleftheriou
- Organized by Ch. Chatzieleftheriou, N. Gouliaros, Ch. Stefanidis,
- P. Theodoridou and K. Samara

# Public event and information stand in General Hospital of Drama, 9<sup>th</sup> May 2023







# Drama-Heart Failure Awareness Days

- Public event and information stand in Urban Health Center of Drama
- Public talks and lectures 3<sup>rd</sup> of May
- Organized by Ch. Bakopoulos, Th. Bougas

### Public event and information stand in Urban Health Center of Drama





#### Public talks and lectures in Urban Health Center of Drama





### Public talks and lectures in Urban Health Center of Drama





# Kavala-Heart Failure Awareness Days

- Public event and Information stand in General Hospital of Kavala
- On 3<sup>rd</sup> of May 2023
- Organized by N. Kampouridis, I. Stratakis

### Public event and Information stand in General Hospital of Kavala







## Kozani-Heart Failure Awareness Days

- Public event and Information stand in General Hospital of Kozani
- On 3<sup>rd</sup> of May 2023
- TV and radio interviews (Flash TV, WEST CHANNEL)
- Article about Heart Failure (Chronos newspaper)
- Organized by St. Lampropoulos, S. Sotiriou, S. Theodoridou, R. Argiropoulou, P. Roditis

### Public event and Information stand in General Hospital of Kozani





#### Public event and Information stand in General Hospital of Kozani





## Katerini-Heart Failure Awareness Days

- Public event and Information stand in General Hospital of Katerini
- On 3<sup>rd</sup> of May 2023
- Organized by G. Spiromitros

#### Public event and Information stand in General Hospital of Katerini







## Kilkis-Heart Failure Awareness Days

- Public event and Information stand in General Hospital of Kilkis
- On 3<sup>rd</sup> of May 2023
- Organized by G. Papanikolaou

#### Public event and Information stand in General Hospital of Kilkis



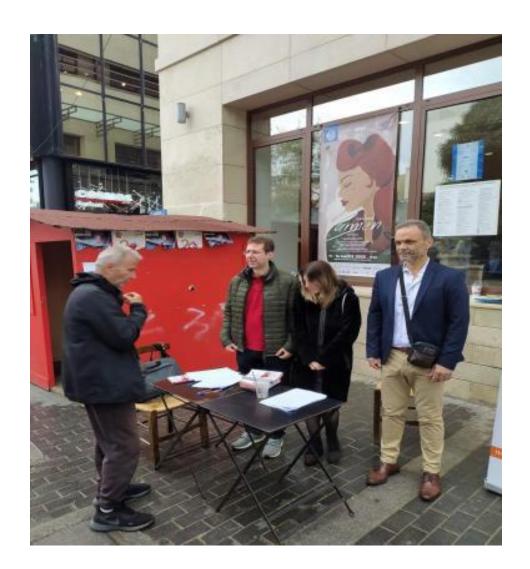
## Heraklion, Crete - Heart Failure Awareness Days

- Public event and Information stand in city center
- On 4<sup>th</sup> of May 2023
- Organized by G. Kochiadakis, Professor of Cardiology, President HCS

Participants: E. Zacharis, G.
 Bantouvas, D. Papadopoulos, I.
 Savva

## Heraklion, Crete - Heart Failure Awareness Days





## Corfu-Heart Failure Awareness Days

- Public event and Information stand in Anutsiata Square of Corfu
- On 5<sup>th</sup> of May 2023
- Organized by J. Zarifis, A. Stavrati, D. Krikidis, P. Klitsioti, St. Al Kagiet

#### Public event and Information stand in Anutsiata Square of Corfu









# Public event and Information stand in Anutsiata Square of Corfu







## Ioannina-Heart Failure Awareness Days

2<sup>nd</sup> Department of Cardiology Faculty of Medicine, School of Health Sciences, University of Ioannina

- Public event and Information stand in the center city, 5<sup>th</sup> of May
- Public event and Information stand General Hospital of Ioannina, 3<sup>rd</sup> of May
- Almost 200 questionnaires were collected and data are being analyzed.
- Articles, leaflets and posters were sent by email
- Press releases, TV and radio interviews in local channels.

## Ioannina-Information leaflet

#### ΦΡΟΝΤΙΣΕ ΤΗ ΓΙΑ ΝΑ ΣΕ ΦΡΟΝΤΙΖΕΙ



ΕΙΝΑΙ ΣΤΟ ΧΕΡΙ ΣΟΥ

ΜΑΘΕ ΓΙΑ ΤΗΝ ΚΑΡΔΙΑΚΗ ΑΝΕΠΑΡΚΕΙΑ

> ΜΠΟΡΕΙΣ ΝΑ ΤΗΝ ΠΡΟΛΑΒΕΙΣ

ΜΠΟΡΕΙΣ ΝΑ ΤΗΝ ΑΝΤΙΜΕΤΩΠΙΣΕΙΣ

#### Οι τοπικές προσπάθειες για τους Ασθενείς με Καρδιακή Ανεπάρκεια στο ΠΓΝ Ιωαννίνων

- Στο ΠΓΝ Ιωαννίνων λειτουργεί, ήδη από το 2014, από τη Β΄ Καρδιολογική Κλινική το πρώτο οργανωμένο Ιατρείο Καρδιακής Ανεπάρκειας (ΚΑ), μοναδικό στη Βορειοδυτική & Δυτική Ελλάδα, με σκοπό την ολοκληρωμένη διαχείριση της νόσου. Το Ιατρείο παρακολουθεί πλέον πάνω από 500 ασθενείς.
- Οι ασθενείς με χρόνια ΚΑ συχνά χρειάζονται στενή παρακολούθηση και εξειδικευμένη φροντίδα και για το λόγο αυτό δεν μπορούν να μεταφερθούν σε άλλες δομές Υγείας. Για τη διευκόλυνσή τους, όσοι από τους ασθενείς είναι σε καλύτερη κατάσταση παρακολουθούνται από το Ιατρείο σε συνεργασία με άλλους φορείς όπως ιδιώτες ιατροί, γενικοί ιατροί (σε Αγροτικά Ιατρεία ή Κέντρα Υγείας), καρδιολόγοι σε περιφερειακά Νοσοκομεία της περιοχής, με τους οποίους έχουμε σχηματίσει ένα τοπικό Δίκτυο Καρδιακής Ανεπάρκειας. Οι ιατροί που συμμετέχουν στο Δίκτυο επικοινωνούν με το Ιατρείο στο 2651099847 και στο heartfallure.uhi@gmail.com
- Στα πλαίσια της Μονάδας Καρδιακής Ανεπάρκειας, λειτουργούν ειδικά ιατρεία που στοχεύουν στην παροχή εξειδικευμένων και εξατομικευμένων υπηρεσιών φροντίδας:
  - Ιατρείο Καρδιακής Ανεπάρκειας
  - Ιατρείο Βηματοδοτών Συσκευών Ρυθμού και Αρρυθμιών
  - Εργαστήριο Εργοσπιρομετρίας- Καρδιοαναπνευστικής κόπωσης
  - Εργαστήριο Υπερήχων Καρδιάς Καρδιακής Ανεπάρκειας & Βαλβιδοπαθειών
  - Ιατρείο Κληρονομικών Καρδιαγγειακών Παθήσεων- Μυσκαρδισπαθειών
  - Ιατρείο Σοβαρής Καρδιακής Ανεπάρκειας & Πνευμονικής Υπέρτασης

Οι ασθενείς μπορούν να κλείσουν ραντεβού στα τηλέφωνα 2651099504/99505/99847.

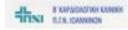
- Η Μονάδα ΚΑ συνεργάζεται με το Ωνάσειο Καρδιοχειρουργικό Κέντρο που είναι και το μοναδικό Κέντρο Μεταμοσχεύσεων Καρδιάς στη χώρα μας.
- Υπολογίζεται ότι πάνω από το 50% περίπου των ασθενών που νοσηλεύονται στη Β' Καρδιολογική κλινική πάσχουν από ΚΑ αυξάνοντας δραματικά τις ανάγκες για καρδιολογικές κλίνες.

Για περισσότερες πληροφορίες για τη λειτουργία του Ιατρείου και της Μονάδας Καρδιακής Ανεπάρκειας, μπορείτε να επισκεφθείτε την ιστοσελίδα της Β΄ Καρδιαλογικής Κλινικής http://www.bcardio.gr/index.php/el/









#### Public event and Information stand at University Hospital of Ioannina







Information stand and open discussion with citizens in the city center of Ioannina





Information stand and open discussion with citizens in the city center of Ioannina





